There are so many things to consider during pregnancy that there's no way one magazine, book, movie or website could address them all. Hopefully your midwife and childbirth classes have answered most of your questions. If you have more (and you undoubtedly will), turn to other resources. The local library, your Midwife's bookshelf, friends who have "been there" and, of course, the internet are all good sources of information. However with any source, be careful. While the information offered may be well-intentioned, it may not always be accurate.

Do as much research as you can, talk to people you trust and go with your instincts. It's your pregnancy, and no matter what direction you decide to turn, you are only as smart as you make yourself. There are a million places to start getting information, here are a few:

Books:
Birthing From Within, by Pam England, CNM and Rob Horowitz, PHD.

Ina Mays' Guide to Childbirth, by Ina May Gaskin
The "authority" on birthing, with lots of grandmotherly advice on homebirth and many parent’s own birth stories.

The Thinking Woman's Guide to a Better Birth, by Henci Goer
A very readable, researched volume that is helpful in dispelling myths and appeals to the intellectual.

Gentle Birth Choices, by Barbara Harper, RN
Refutes the long-held medical myths about VBAC, birth after 35, and the need for medical management and safety of homebirth.

The Birth Book and The Baby Book, and many other titles by William Sears, MD and Martha Sears, RN
A husband-wife team writes this library of books geared toward families choosing gentle birth and parenting, the baby book must-have!

The No Cry Sleep Solution, by Elizabeth Pantly
The best resource for night-time parenting and just getting some sleep!

Immaculate Deception II, by Suzanne Arms
A herstory of birth in America and the industrialization of birth. Very enlightening!

The Farmer and the Obstetrician, by Michel Odent
A wonderfully accurate portrayal of the similarities of industrial farming and institutional birth.

Natural Family Living and Having a Baby Naturally, both by Peggy O'Mara, the editor of Mothering Magazine (another must have!)

Websites:
www.childbirth.org  www.maternitywise.org
www.birthingfromwithin.com  www.motherfriendly.org
www.waterbirth.org  www.birthlove.com
www.mercola.com  www.nvic.org
www.vaclib.org  www.mothering.com
www.attachmentscatalog.com  www.MANA.org